

God, What Do I Do?

A Bible Study on Judges 1–5 about Making Wise Decisions in Uncertain Times

By: Katie M. Reid

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THE MARY + MARTHA SHOW PODCAST HOST KATIE M. REID RELEASES NEW BIBLE STUDY ON JUDGES

Trusted Bible teacher shares key to making wise decisions with confidence in a world of dilemmas, crossroads, and endless choices.

Uncertainty about the future can paralyze Christians from making important decisions, and cause us to second-guess every decision we make. After all, many of us just want to be sure that each choice is the right one. But *how do we know? And what if we're wrong?* ***God, What Do I Do?* (Baker Books, June 2025)** answers these questions while pointing to a Scriptural framework for making wise decisions—even when God's voice seem silent.

Bible teacher and popular podcast host Katie M. Reid draws on the story of the Israelites during the time of Deborah and other early judges while showing readers how to move forward in times of transition and trial when the next right step isn't clear. Through these timeless truths mined from Scripture, personal stories, and accessible study questions, Reid shares:

- 6 simple guiding principles to make good decisions with confidence and clear-headed focus.
- How to discover a sense of peace in decision-making when the stakes are high and life feels overwhelming.
- What it looks like to have an 'all in' faith in uncertain times.

"No matter what decisions we are faced with, we can follow Jesus daily, leaning into His time-tested wisdom for living, found within the pages of Scripture. Through the power and direction of His Holy Spirit, we can experience the unending peace He alone provides."

ABOUT THE AUTHOR



Katie M. Reid is a Bible teacher, author, and podcaster. Trained in education, Katie teaches around her kitchen table, in the classroom, and around the country. She cohosts The Martha + Mary Show and runs the Martha + Mary Show Sisterhood group on Facebook. Katie is a pastor's wife and worship leader. Following Jesus, marrying her husband, and being a mom to five are the best decisions she's made.

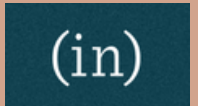
PODCAST

THE MARTHA + MARY SHOW

AUTHOR HAS BEEN FEATURED ON:



PROVERBS 31
ministries



SUGGESTED INTERVIEW QUESTIONS

GOD, WHAT DO I DO? BY KATE M. REID

- Why did you decide to write a Bible Study about Judges? How is it relevant for our lives, right now?
- What is a sacred assignment you received from the Lord that felt impossible to carry out?
- You talk about six decisions we can make, even when we don't know what to do next, will you share one of those decisions with us?
- How can we faithfully steward the people, positions, and place God has entrusted to us?
- What can we learn about doubling our strength instead of dividing it from Deborah's and Barak's collaborative approach, in Judges 4?
- Is there any sort of roadmap we can follow when we are faced with darkness and discouragement?
- You talk about "iron chariots" and how they can trip us up and take us out, can you tell us more?
- As you studied the early Judges from Scripture, what commonalities did you see among them?
- Where is the Gospel in the book of Judges?
- What does it look like to move from the sidelines to the frontlines in our faith journey?